

Your XLH family action plan



How to talk to your loved
ones about CRYSVITA



Actor portrayal

What is CRYSVITA?

CRYSVITA is a prescription medicine used to treat adults and children 6 months of age and older with X-linked hypophosphatemia (XLH).

Important Safety Information

You should not take CRYSVITA if:

- You take an oral phosphate supplement and/or a specific form of vitamin D supplement (such as calcitriol, paricalcitol, doxercalciferol, calcifediol).
- Your phosphorus levels from a blood sample are within or above the normal range for age.
- You have kidney problems.

Please see **Important Safety Information** throughout this brochure and full **Prescribing Information for CRYSVITA** [here](#).

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Important Safety Information (cont'd)

What is the most important information you should know about CRYSVITA?

- Some patients developed allergic reactions (e.g., rash and hives) while taking CRYSVITA. Your doctor will monitor you for symptoms of an allergic reaction while you are taking CRYSVITA. Your treatment may need to be discontinued for serious allergic reactions.

Actor portrayal



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CRYSVITA[®]
burosumab-twza
Injection 10, 20, 30 mg/mL



XLH often runs in the family

Have you been diagnosed with X-linked hypophosphatemia (XLH)?

Since it is a genetic disease, there's a good chance other members of your family may have it as well.



Be the family champion

A family champion is someone who can help their loved ones by:

- **Motivating others with XLH** to learn more about their disease
- **Taking charge of the conversation** and letting their family members know that CRYSVITA is a treatment option for XLH they may want to ask their doctor about

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Important Safety Information (cont'd)

What is the most important information you should know about CRYSVITA? (cont'd)

- High levels of phosphorus in the blood have been reported in some patients taking CRYSVITA. This may be related to a risk of high calcium levels in the kidneys. Your doctor will collect blood samples to monitor your levels. If you are already taking CRYSVITA, dose interruption and/or dose reduction may be required based on your serum phosphorus levels.



Sarah and Aly
Real CRYSVITA patients

Important Safety Information (cont'd)

What is the most important information you should know about CRYSVITA? (cont'd)

- Administration of CRYSVITA may result in reactions at the injection site, such as hives, reddening of the skin, rash, swelling, bruising, pain, severe itching of the skin, and collection of blood outside of a blood vessel (i.e., hematoma). Call your doctor if you develop an injection site reaction. CRYSVITA may be discontinued if severe injection site reactions occur.

Myths and facts about XLH

There are common myths out there about XLH. Make sure your family members know the facts.

 Myth

 Fact

XLH doesn't change over time

XLH is a lifelong, progressive disease and symptoms can get worse over time

If XLH symptoms are mild, there's no need to talk to a doctor

You don't have to wait for your symptoms to be severe to talk to your doctor about managing XLH

XLH only affects children, not adults

XLH is a lifelong, progressive disease that affects children and adults

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Get ready to have the conversation

Follow these steps to help feel confident when you talk to your loved one.



Plan when and where to have the conversation

Do what feels comfortable—whether that’s in person or over a call. If you need extra help, feel free to recruit another family champion.



Practice how to open the conversation

Try using one of the following:



CRYSVITA helped me with my XLH. Talk to your doctor to see if it could be right for you.

I’ve seen you struggling with your XLH symptoms, and I’d really like to help.

I heard from <other family member> that you’ve been unhappy with your current XLH treatment. You may want to talk to your doctor like I did.

Please see Important Safety Information throughout this brochure and full [Prescribing Information for CRYSVITA here](#).



Actor portrayal



Prepare your thoughts

Flip through the CRYSVITA brochure as a refresher. Write down any notes you want to bring up.

Download the brochure [here](#)

Important Safety Information (cont’d)

What are the possible side effects of CRYSVITA?

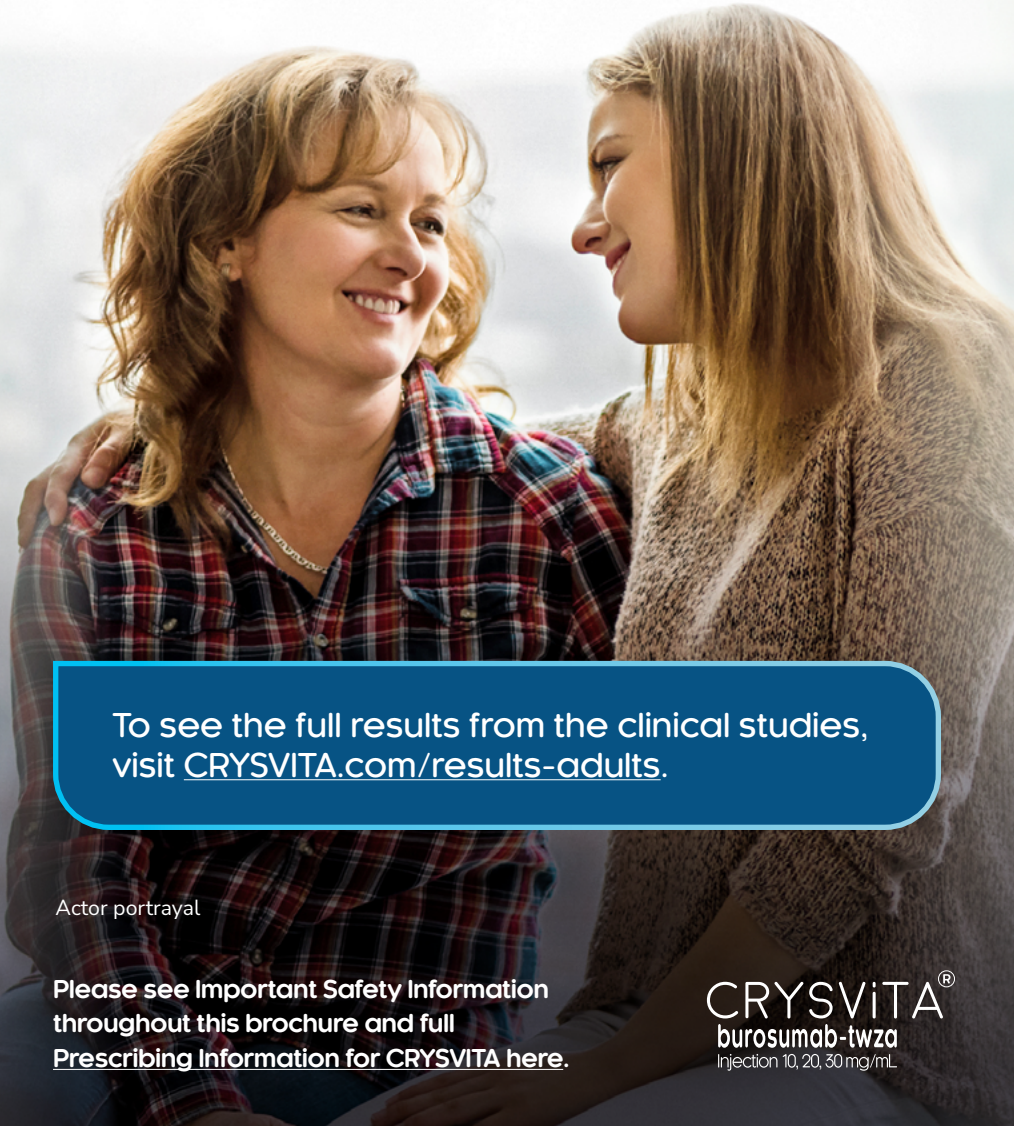
- Adverse reactions that were seen in children with XLH are:
 - Fever
 - Injection site reaction
 - Cough
 - Vomiting
 - Pain in arms and legs
 - Headache
 - Tooth abscess
 - Dental cavities
 - Diarrhea
 - Decreased vitamin D levels
 - Toothache
 - Constipation
 - Muscle pain
 - Rash
 - Dizziness
 - Nausea

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CRYSVITA talking points

Use the points on the right to help your loved one understand what CRYSVITA is and how it works.

That way, your loved one can have a productive conversation with their doctor about CRYSVITA.



To see the full results from the clinical studies, visit [CRYSVITA.com/results-adults](https://www.crysvita.com/results-adults).

Actor portrayal

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What is CRYSVITA?

CRYSVITA is the only FDA-approved treatment for XLH in adults and children 6 months of age and older.

How it works

Low phosphorus levels from XLH can lead to weakened bones.

CRYSVITA helps restore the balance of phosphorus in the body.

How it may help

Based on 2 studies in adults, CRYSVITA was proven to help manage the symptoms of XLH by:



Increasing and maintaining phosphorus levels in the blood



Helping to heal osteomalacia



Healing fractures and pseudofractures

Important Safety Information (cont'd)

What are the possible side effects of CRYSVITA? (cont'd)

- Adverse reactions that were seen in adults with XLH are:
 - Back pain
 - Headache
 - Tooth infection
 - Restless legs syndrome
 - Decreased vitamin D levels
 - Dizziness
 - Constipation
 - Muscle spasms
 - Phosphorus levels increased in the blood

Your experience with CRYSVITA

Sharing your experience with CRYSVITA may inspire other family members. Use the examples below to discuss what it's been like for you.

1

Talk about your XLH and how CRYSVITA has helped:



Your phosphorus levels
Did they change?

Fractures and pseudofractures
Notice any changes or improvements?

2

Discuss how you handled side effects of CRYSVITA, such as:



Injection site reactions, headaches, or dizziness
Did you experience these?

Managing side effects
**What did you do to help manage them?
Did you talk to your doctor?**



Actor portrayal

3

Bring up any resources that helped you make the decision to start treatment, such as:



Websites and the community
Did you find any support online or with other people that have XLH?

Your doctor
What questions did you ask that were helpful?

Important Safety Information (cont'd)

What are the possible side effects of CRYSVITA? (cont'd)

- Narrowing of the spaces within the spine is common in adults with XLH, and pressure on the spinal cord has been reported in adults taking CRYSVITA. It is not known if taking CRYSVITA worsens the narrowing of the spaces within the spine or the pressure on the spinal cord.

Please see Important Safety Information throughout this brochure and full [Prescribing Information for CRYSVITA here.](#)

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Next steps for your family member

As a family champion, you can help motivate your relatives to better manage their XLH. Moving forward, make sure your family member:



Recognizes that XLH can change over time



Works closely with their doctor on treatment goals



Understands how CRYSVITA works to treat XLH

Important Safety Information (cont'd)

Before taking CRYSVITA, tell your doctor about all of your medications (including supplements) and medical conditions, including if you:

- Are taking oral phosphate and/or active vitamin D (such as calcitriol, paricalcitol, doxercalciferol, calcifediol).
- Are pregnant, think you may be pregnant, or plan to become pregnant. There is not enough experience to know if CRYSVITA may harm your unborn baby. Report pregnancies to the Kyowa Kirin, Inc. Adverse Event reporting line at 1-844-768-3544.

Please see Important Safety Information throughout this brochure and full Prescribing Information for CRYSVITA [here](#).

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Real CRYSVITA patients

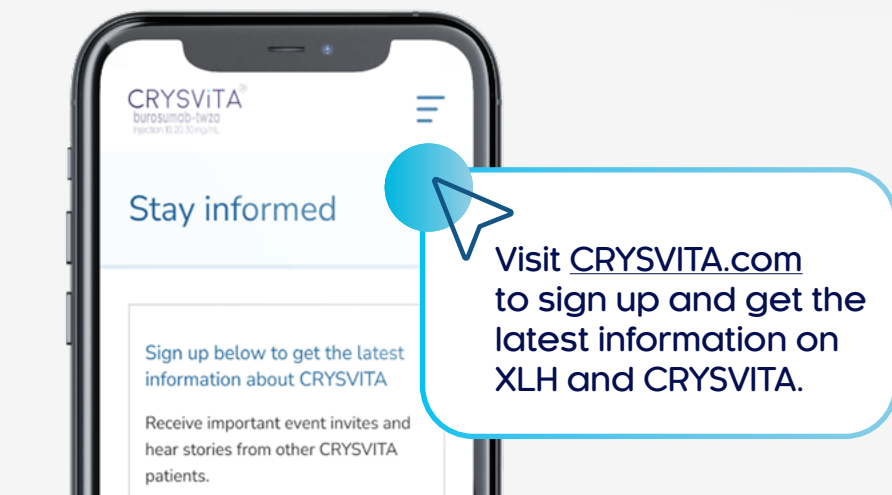
Encourage your family member to download a doctor discussion guide [here](#).

Important Safety Information (cont'd)

Before taking CRYSVITA, tell your doctor about all of your medications (including supplements) and medical conditions, including if you (cont'd):

- Are breastfeeding or plan to breastfeed. There is not enough experience to know if CRYSVITA passes into your breast milk. Talk with your doctor about the best way to feed your baby while you receive CRYSVITA.

Support for you and your loved ones



Important Safety Information (cont'd)

While taking CRYSVITA, tell your doctor if you experience:

- An allergic reaction such as rash or hives
- A rash, swelling, bruising, or other reaction at the injection site
- New or worsening restless legs syndrome

These are not all the possible side effects of CRYSVITA.

Call your doctor for medical advice about side effects.

You may report side effects to the FDA at (800) FDA-1088 or www.fda.gov/medwatch. You may also report side effects to Kyowa Kirin, Inc. at 1-844-768-3544.

For important risk and use information, please see the full [Prescribing Information for CRYSVITA here](#).

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